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Definition of Relapse:
The process of becoming dysfunctional in recovery that self-medication or alcohol use seems like a reasonable choice.

Relapse Mode: Cutting Corners
By Michael J. Capozzi, MS, NCC, Primary Counselor
While facilitating the Relapse Process Groups, certain patterns started to emerge. Many of the behaviors that are a part of the relapse process can seem innocent or harmless when done a few times. But when those behaviors are repeated on a daily basis, the relapse process starts to take its true form. Although there are many factors that can affect a person's sobriety, there are common denominators or specific behaviors that contribute to the start of the relapse process.

When these behaviors start to become a pattern, it leaves a person in a very vulnerable situation to relapse triggers. To help patients prevent entering “relapse mode,” educational lectures, group process experiences, and specialized counseling and group support from others in similar situations. The Relapse Process Groups occur twice a week and use both psychological education and group process techniques. The counselors and patients explore pertinent topics that are common obstacles for those who have relapsed after making concerted efforts to maintain sobriety.

NY alumni event to be held March 10
The New York Alumni Breakfast will be held on Sunday, March 10, 2013, at the Grand Hyatt New York, Park Ave. & Grand Central, New York, NY. Registration opens at 8 a.m., and the breakfast and programs is from 9 to 11 a.m. The event is free to alumni. To RSVP, please send in the registration form on the bottom of the mailed event invitation, or call Carole Thompson at 1-800-442-7722. Please RSVP by Friday, March 1.

Save the Date: Annual reunion slated for Aug 17
Planning has already begun for Marworth’s 31st Annual Alumni Reunion. Make plans to attend the New York Alumni Breakfast to be held on Sunday, March 10, 2013, at the Grand Hyatt New York, Park Ave. & Grand Central, New York, NY. The event is free to alumni. To RSVP please send in the registration form on the bottom of the mailed event invitation, or call Carole Thompson at 1-800-442-7722. Please RSVP by Friday, March 1.

Grant money used to set national fellowship standards
Marworth recently initiated a new Relapse Process Group for patients who have previously received treatment for addiction and maintained sobriety for a time before relapsing into active substance use. Having already been exposed to and engaged in 12 Step recovery and experienced a period of physical, emotional and spiritual wellness, these patients will benefit from specialized counseling and group support from others in similar situations.

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In 2011, the addiction medicine fellowship program at Marw orth was awarded a $62,500 grant from American Board of Addiction Medicine Foundation (ABAM) to use over the next two years to further develop the fellowship curriculum. Each of the grant recipients is responsible for drafting an advanced education model, which will help develop a national curriculum and set standards in training programs related to addiction medicine.

Marw orth is responsible for an education module to address peer assistance for healthcare professionals with alcohol and substance abuse disorders, due to the center's long-standing expertise in treating this population. Margaret Jervis, Marw orth Medical Director and David Willsky, MD, Marw orth Associate Medical Director and Addiction Medicine Fellowship Director, have been diligently working on the module for the last year. They will be responsible for submitting their curriculum to ABAM by the end of the grant term in 2013.

Addiction fellowship growth, learns alongside patients

During the first few months of his fellowship at Marw orth, Theodore MD, said he has found it interesting and rewarding to learn about the experiences of a large number of professionals working in addiction medicine.

"I've learned from other professionals, but I've also learned from my patients," said Dr. Corey. "I've learned from the success stories of my patients, as well as the challenges they face." Dr. Corey has also had the opportunity to work with a variety of addiction specialists, including psychiatrists, social workers, and other mental health professionals.

ADDICTION FELLOWSHIP

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