

Contact us for more information on Geisinger Marworth's alcohol and chemical dependency treatment outpatient programs or to register for a program.

570-563-2929

marworth.org

# Geisinger Marworth Treatment Center

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Alcohol and chemical dependency treatment outpatient programs



### Program overview

Recognized as a national leader in alcohol and chemical dependency treatment programs, Geisinger Marworth's Outpatient Department provides comprehensive programs in the outpatient setting to accommodate individual needs and unique personal situations. Highly specialized outpatient and intensive outpatient programs incorporate the individual's circumstances and needs, while recognizing future obstacles to recovery.

Our approach addresses the problem that brings the individual to treatment, and keeps the individual focused on recovery. Founded on the knowledge that addiction is a primary and progressive disease, our outpatient programs are designed to be firm yet compassionate, reinforcing the premise that the disease is treatable and can be held in continuous remission.

### Level of care

Treatment plans are developed from a detailed assessment that identifies the best course of action for each individual. Individuals are evaluated according to guidelines and protocols established by the American Society of Addiction Medicine and the Diagnostic Statistical Manual 5 of the American Psychiatric Association. These guidelines and protocols ensure individuals are directed to the most appropriate level of care for their particular stage of the disease process.

Geisinger Marworth offers two levels of outpatient treatment programs. The two levels of treatment are structured to meet individual needs as well as work schedules. Our outpatient treatment programs are designed for both continuing care following residential treatment or for those initiating treatment on their own.

# Outpatient Program

#### Monday – Friday • 8 a.m. – 9 p.m. (depending on availability)

The Outpatient Program is designed for adults who require ongoing support in an outpatient treatment environment.

#### Services

- Drug and alcohol screenings and evaluations for adults and adolescents
- Individual therapy
- Family therapy
- Healthcare professional group therapy
- Men's and women's group therapy

## Intensive Outpatient Program

Program length is three to four weeks, depending upon individual. Daytime and evening programs are available.

The Intensive Outpatient Program is designed for adults requiring a more intensive treatment structure.

#### Services

- Educational therapy
- Individual therapy (weekly)
- Group therapy (four times per week)
- Family night (weekly session includes lecture and group therapy)

## Family Education Program

#### Tuesdays • 6 – 7:30 p.m.

Individuals and families affected by addiction are invited to this free and open forum to hear from people in recovery and to discuss various topics, including communication skills and problem-solving; family rules and roles; spirituality; stress management and healthy leisure; treating the disease of chemical dependency; and what to expect in early recovery.

## Getting started

Individuals can call Geisinger Marworth directly at 570-563-2929 to enroll in an outpatient program, or they may be referred by a family member, family doctor, employer, community organization or another individual.

# Payment

Geisinger Marworth is an approved treatment provider for many managed care organizations and insurance plans. We explore every opportunity for payment options with the individual and their family.

# Finding your way

Geisinger Marworth is nestled in the rolling hills of northeast Pennsylvania and once served as the family estate of a former Pennsylvania governor. The facility and its surroundings promote dignity, respect and serenity, which are environmental essentials for successful dependency treatment. Geisinger Marworth is also convenient to several interstate highways and the Wilkes-Barre/Scranton International Airport. For detailed directions, visit our website at marworth.org.

