



Dress code during your stay

The way you dress can reflect your attitude about recovery. At Marworth, you should wear comfortable, casual clothing, but not too casual.

General dress guidelines:

- Wear a shirt and shoes at all times.
- Wear undergarments at all times.
- Do not wear hats, sweatbands, bandannas or dark glasses indoors.
- Do not wear nightclothes outside your room.
- Do not borrow clothes or personal possessions from other patients.

Unacceptable dress:

- Sexually explicit clothing
- Tattered and/or torn clothing
- Clothing suggestive of drugs or alcohol
- Low-cut blouses
- Tight-fitting clothing, leggings, jeggings and yoga pants
- Cutoff pants or shirts
- See-through or mesh shirts or blouses
- Shorts that do not reach the knee
- Warm-up suits or sweatpants
- Halter or bare-midriff tops
- Muscle shirts or tank tops
- Sleeveless T-shirts
- Concert/music shirts

Exercise attire

During recreation therapy, the following clothing is allowed:

- Shorts (must reach knee)
- Warm-up suits
- Sweatshirts and sweatpants (excluding spandex or other tight-fitting clothing, yoga pants and leggings)
- Sunglasses (outdoors only)

If you are wearing any of the above acceptable recreation therapy clothing, be sure to allow yourself time to change immediately before and after recreation therapy, before going to meals or any other treatment activity.

Leave the following items at home:

- Over-the-counter medications and vitamins
- Medical testing devices (check with your admissions counselor)
- Cell phone, tablet, camera, laptop or other electronic devices
- Perfumes or any product containing alcohol
- Inappropriate or revealing clothing, including clothing with alcohol or drug logos/graphics
- Expensive jewelry or clothing
- Outside food, candy or drinks
- Magazines or books
- Guns, knives, scissors, sharp objects or any item that can be used as a weapon

Our patients' safety is our top priority, so your bags and any outside items brought to the facility will be searched upon your arrival. Any items sent home will be at your expense.